

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 				Coffee Day 1 9:15 News & Views 9:30 Sit and Be Fit 10:00 White Board Games 10:30 Hymn Sing Along 2:00 Pumpkin Patch Visit* 6:00 Nail Care	Smile Day 2 9:15 News & Views 9:30 Sit and Be Fit 10:30 Bible Study w/Mandalena 1:30 Parlor Arts and Crafts 3:00 Music and Mocktails 4:00 Backyard Walk 6:00 Game Night	3 9:15 News & Views 9:45 Sit and Be Fit 10:30 Self Care Saturdays 1:30 Fiber Arts Fun 2:30 Bingo and Coffee 4:00 Walking Club 6:30 Movie Night  DeeDee Simchat Torah Begins
4 9:15 Virtual Church 10:00 Morning Café 10:00 Seahawks vs Chargers 10:30 Fancy Fingernails 1:30 Helping Hands 3:00 Sunday Social 6:00 Sudoku & Word Games	5 9:15 News & Views 9:30 Sit and Be Fit 10:30 Sing Along 12:00 Ladies' Lunch 1:30 One on One Visits 3:00 Act. Hub/Bowling 7:00 Game Shows  Verla	6 9:15 News & Views 9:30 Sit and Be Fit 10:30 Trivia 1:30 One on One Visits 2:30 Scenic Drive 3:30 Act. Hub/Puzzle Time 6:30 Coloring Corner	7 9:15 News & Views 9:30 Sit and Be Fit 10:30 Morning Bingo 1:30 After Meal Meet-up 2:30 Creative Corner 3:30 Nature Show/Walk 6:30 Records by the Fireplace	8 9:15 News & Views 9:30 Sit and Be Fit 10:00 Reminisce 10:30 Hymn Sing Along 1:30 Circle Time 3:00 Science Zone 6:00 Nail Care	Beer and Pizza Day 9 9:15 News & Views 9:30 Sit and Be Fit 10:30 Bible Study w/Mandalena 11:30 Out to Lunch 3:00 Afternoon Cocktails 4:00 Backyard Walk 6:00 Game Night	I Love Yarn Day 10 9:15 News & Views 9:45 Sit and Be Fit 10:30 Self Care Saturdays 1:30 Fiber Arts Fun 2:30 Bingo and Coffee 4:00 Walking Club 6:30 Movie Night
11 9:15 Virtual Church 10:00 Morning Café 10:30 Fancy Fingernails 1:25 Seahawks vs 49rs 1:30 Helping Hands 3:00 Sunday Social 6:00 Sudoku & Word Games	12 9:15 News & Views 9:30 Sit and Be Fit 10:30 Sing Along 1:30 One on One Visits 2:30 Newcomers Tea 3:30 History of Indigenous Peoples/ Columbus Day 7:00 Game Shows Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	M&M Day 13 9:15 News & Views 9:30 Sit and Be Fit 10:30 Trivia 2:00 Lyman Library Visit 3:30 Act. Hub/Puzzle Time 6:30 Coloring Corner	Dessert/Fossil Day 14 9:15 News & Views 9:30 Sit and Be Fit 10:30 Morning Bingo 1:30 After Meal Meet-up 2:30 Savor the Season 3:30 Nature Show/Walk 6:30 Records by the Fireplace	I Love Lucy Day 15 9:15 News & Views 9:30 Sit and Be Fit 10:00 White Board Games 10:30 Hymn Sing Along 1:30 Circle Time 3 :00 Workshop 5:15 Seahawks vs. Broncos 6:00 I Love Lucy/Nail Care	16 9:15 News & Views 9:30 Sit and Be Fit 10:30 Bible Study w/Mandalena 1:30 Parlor Arts and Crafts 3:00 Music and Mocktails 4:00 Backyard Walk 6:00 Game Night	17 9:15 News & Views 9:45 Sit and Be Fit 10:30 Self Care Saturdays 1:30 Fiber Arts Fun 2:30 Bingo and Coffee 4:00 Walking Club 6:30 Movie Night
Alaska Day 18 9:15 News & Views 10:00 Morning Café 10:30 Fancy Fingernails 1:30 Helping Hands 3:00 Sunday Social 6:00 Sudoku & Word Games  Leslie	19 9:15 News & Views 9:30 Sit and Be Fit 10:30 Sing Along 1:30 Coffee Shop Outing 3:00 Act. Hub/Shuffleboard 7:00 Game Shows	20 9:15 News & Views 9:30 Sit and Be Fit 10:30 Trivia 1:30 One on One Visits 2:30 Virtual Travel 3:30 Act. Hub/Puzzle Time 6:30Coloring Corner  Bob  Sandra  Alesia	World Frog Day 21 9:15 News & Views 9:30 Sit and Be Fit 10:30 Morning Bingo 12:00 Men's Lunch 1:30 After Meal Meet-up 2:30Creative Corner 3:30 Nature Show/Walk  Sasha	22 9:15 News & Views 9:30 Sit and Be Fit 10:00 Reminisce 10:30 Hymn Sing Along 2:15 Spooky Scavenger Drive 2:30 Reminisce 6:00 Nail Care	Champagne Day 23 9:00 News & Views 9:30 Sit and Be Fit 10:30 Bible Study w/Mandalena 1:30 Parlor Arts and Crafts 2:30 Birthday Party 4:00 Backyard Walk 6:00 Game Night	Bologna Day 24 9:15 News & Views 9:45 Sit and Be Fit 10:30 Self Care Saturdays 1:30 Fiber Arts Fun 2:30 Bingo and Bologna 4:00 Walking Club 6:30 Movie Night  Susie
Pasta Day 25 9:15 Virtual Church 10:00 Morning Café 10:30 Fancy Fingernails 1:30 Helping Hands 3:00 Sunday Social 5:20 Seahawks vs. Chiefs 6:00 Sudoku & Word Games  Henry  Hailey B	26 9:00 News & Views 9:30 Sit and Be Fit 10:30 Sing Along 1:30 Resident Council 3:30 Act. Hub/Bowling 7:00 Game Shows  Ginger	27 9:00 News and Views 9:30 Sit and Be Fit 10:30 Trivia 1:30 Resident Council 2:30 Fork and Film 3:30 Act. Hub/Puzzle Time 6:30 Coloring Corner	28 9:00 News & Views 9:30 Sit and Be Fit 10:30 Morning Bingo 1:30 After Meal Meet-up 2:30 Savor the Season 3:30 Nature Show/Walk 6:30 Records by the Fireplace	29 9:15 News & Views 9:30 Sit and Be Fit 10:00 White Board Games 10:30 Hymn Sing Along 2:15 Scenic Drive 3:00 Volunteer Committee 6:00 Nail Care	Plush Animal Lovers Day 30 9:00 News & Views 9:30 Sit and Be Fit 10:30 Bible Study w/Mandalena 1:30 Trick or Treat Set Up Community Trick or Treat 3:00-5:00 6:00 Game Night	31 9:15 News & Views 9:45 Sit and Be Fit 10:30 Self Care Saturdays 1:30 Fiber Arts Fun 2:30 Bingo and Coffee 4:00 Walking Club 6:30 Movie Night Halloween

*activities subject to change